

CHAPTER HIGHLIGHTS AND
SUPPLEMENTAL READING
THE ELECTRONIC SEARCH TOOL

FOR

The Altitude of Prayer

CHAPTER 7

“Planting and Cultivating the Seed”

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FOR

The Altitude of Prayer

CHAPTER 7

“Planting and Cultivating the Seed”

Chapter Highlights

...With the continued practice of the presence of God comes a steady lessening of personal responsibility. An inner quiet, a peace, and a joy develop which make contemplative meditation easier. The practice of the Presence begins to remold your entire consciousness.....

...Eventually the day comes when you can say, “I am not living my own life. I am living, yes, but I am not striving or struggling: Christ is living my life, this Spirit of God in me, this spiritual Presence.”

Practicing the presence of God leads to meditation, and meditation leads to the actual contact with God and an inner assurance of His presence. Then you are praying the prayer that enables you to be in the inner sanctuary within yourself and there tabernacle with God.

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...Think for a moment of a garden. To bring forth fruitage, seeds must be planted. You may keep the seeds stored away for days, weeks, months, or years, and nothing happens to them. But the moment you place those seeds in the ground and provide them with the necessary rain, sun, air, and

temperature, something happens. The seed breaks open, takes root, sends shoots up through the ground, and eventually becomes a plant or tree, bearing flowers or fruit.

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...You could observe it growing up through the ground, but could you see what is forcing it up? Whatever that force is, it is invisible to human sight.

...Scripture tells us that all things that are formed are formed of things that are not seen, and that which is not seen is the invisible Something, the invisible Presence, the invisible Power.

...Consider the sun, the moon, the stars, the planets and their movements. No one has ever seen what causes these movements and perpetuates them. Why? Because the Force or Power is invisible. It is invisible, and yet It is power; It is invisible, and yet It is present.

...Whether down in the ground or up in the sky, this invisible Presence and Power is functioning.

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...It maintains the sun, the stars, and the moon in their orbits, generation after generation. It

is a very loving Presence and Power, because It can always be depended upon to continue Its activity through rain, storm, sleet, or in periods of peace and war.

Pp 80-81

...Then why is there such chaos in the world today and why are people so disturbed? The reason is found by looking at so simple a thing as a seed. Just as you could keep seeds in your hands forever without their bearing fruit, because they have been kept out of their native element, the ground, so you can

keep yourself in sin, disease, lack, limitation, warfare, or even in death, just by keeping yourself out of your native element, the invisible Substance.

...You are planted in Him, rooted and grounded in Him. You cannot remove yourself from God, because God is your natural habitat....*I live and move and have my being in this ocean of God, in this sea of love and wisdom. I am in God, and God is in me...*

...Your conscious knowing of this truth provides the soil or atmosphere that brings the activity of this invisible Presence and Power into expression in your life.

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...Meditation provides the soil....Your consciousness of this indwelling spiritual Presence is your eternal supply, your consciousness.

...To meditate or pray correctly, it is necessary to understand at least a few spiritual principles of life in order that these may be embraced in the meditation. A meditation that has in it no conscious awareness of a spiritual principle can lead to a mental stillness without any spiritual fruitage.

...There are the ten-second meditations to be used as reminders. There are also longer meditations of perhaps ten minutes' duration for the contemplation of truth and the actual communion with the Father within.

A communion has in it something of a back-and-forth nature. You are virtually saying to the Father: *Thank You, Father, that Your grace is upon me...*

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...Then there is a pause, a listening for the inner Voice....*Son you are ever with Me; all that I have is yours....*

...If the Spirit of God dwells in you and you have been led to a spiritual way of life, you will never be able to forget either the ten-second meditations or the ten-minute contemplative meditations; you will be as unable to go through the hours of the day and night without the conscious remembrance of the presence of God as you would be unable to go without food or drink.

...Always the first reminder must be: What have I in my house? What have I in my consciousness?

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...Just think! You are living: you have life; you have consciousness; you have intelligence; you have reasoning power. All this has been given to you as the gift of God. Acknowledge it!

...Notice how this changes the direction of your thought from the “natural man” who is always wanting something or seeking to get something to being the spiritual son of God who is always saying, “Ask of me, and I can give you. I can give you the peace that passes understanding. I can share with you the indwelling Christ-peace that the Father has given me.”

...“I share Christ’s blessings with friend and foe and hope that my foe may have the spiritual capacity to receive what I offer.”... Think what is pouring out through you to this world, and then ask yourself how many years it will be until there is peace on earth.

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...What have you in your consciousness? You have the peace that passes understanding....*Where the Christ is, there is peace....*

...As prayer and meditation become increasingly a way of life, you discover that something of an unusual nature takes place. The kingdom of God, this very presence of God that is within you, makes Itself known to you....all of a sudden you feel It. There It is! Before, you have heard of It with “the hearing of the ear.” Now, you experience It.

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...There does come an end to the experience of actual communion, however, and then you go back into the world and do your daily tasks, but do them better than before and with much more love, with much less judgment and criticism, and certainly with a freedom from fear.

...Whenever a need appears for It, you can bring It into conscious awareness by reaching into your own consciousness. There is nothing outside in the world for you to seek or gain. Everything there is, is right now within your own consciousness, and you learn to turn within two or three times every day just for the realization: *The allness of God is within me. Whatever I have been seeking in life I will now find. It is in my own being and it will come forward....*

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...Through practicing the Presence, you have reached into meditation and from meditation into that inner communion with God, an actual living with This that is within you, talking to you much more than you ever talk to It, letting you know by Its presence that you have nothing to fear in this world. And this is prayer.

...You can change your life in the same way that you change the life of a seed when you plant it in the ground. No matter what the life of the seed may have been while you were carrying it in your pocket, it changes the moment it is planted in the ground.

...Here where I am, God is. I swim in a sea of infinite Wisdom and Love. I soar up into the atmosphere, still surrounded by the everlasting Life and the everlasting Love, which are the nature of God. I cannot escape from His everlasting arms which are underneath and around me. I live, and move, and have my being in Him. I rest in Him.

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...If you plant a seed of truth within your consciousness this moment and cultivate it faithfully, it will spring up into newness of life.

...After students have been studying The Infinite Way for a year or two, they set aside not less than three or four periods each day, periods of five, ten, or fifteen minutes for the purpose of consciously dwelling in God and consciously letting God dwell in them.

Pp 88

...No one can give you heaven permanently. This must be your act. It is you who live with yourself twenty-four hours a day, and the way in which you live with yourself determines the nature of your life. It is never too late, and it is really never too early. The sooner you begin, the sooner you are living in the atmosphere of God. Between now and ten thousand years from now, you can in any moment choose to live in His Spirit.

Pp 88-89

...Be still! In quietness and in confidence, I give you peace and rest. Rest! Rest! In quietness and in confidence, I am with you. In quietness and in confidence, you will feel that My peace is upon you. My peace give I unto you. My grace is yours. My grace is your sufficiency.

...I give you this as a seed of truth. You plant it in your consciousness; you nurture it; you feed it; you remember it day by day—quietly, peacefully, joyously—and in due season, the fruitage will appear.

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Search: “bring forth fruitage”

From *Consciousness is What I Am*

...Have we not watched the seasons change, the coming and the going of day and night, winter and summer? How can we deny that there is an invisible Presence, Life, and Power acting intelligently as the visible universe? How is it possible not to accept an invisible, all-knowing God capable of operating invisibly in us and through us to bring forth fruitage, harmony, and peace?

Consciousness is What I Am

Chapter 8 – “Invisible Life Fulfills
Itself Tangibly and Visibly”

From The 1964 Honolulu Infinite Way Study Center

...then the question arises, “Do I even know what The Infinite Way is? Do I understand its principles? Am I practicing them?” If not, then I have a reason why The Infinite Way is not providing, because The Infinite Way actually is a revelation of spiritual principles. It is not a body; it is not a movement; it is not a uniting together for strength. Actually, The Infinite Way is a revelation of certain principles, each of which is startling, radical and so contrary to what has been

accepted for many, many centuries, that there is no wonder that many do not understand the importance of each of the principles and therefore do not bring forth fruitage.

539 B 1964 Honolulu Infinite Way Study Center
“Spiritual Fruitage Through Understanding”

Search: “the soil”

From *Living the Illumined Life*

...Translated into terms of states of consciousness, the fertile soil is our own consciousness when it has been purified of its barrenness and rockiness. Our individual consciousness is the soil. It is into that consciousness that we are pouring truth, whether by reading, hearing, or studying it. But what is the state of that consciousness? To what degree is it stony? To what degree is it fertile?...After this truth is given us, it has to be worked with, it has to be utilized, it has to be put into practice, and by this process we feed our consciousness with truth and thereby enrich the soil, remove the stones, and prepare ourselves for a spiritual anointing.

Living the Illumined Life

Chapter 7 – “Preparation for Spiritual Baptism”

From The 1963 London Work

...All good, all spiritual good, is flowing from a spiritual source through me, just as life is flowing through the tree in the garden because of the tree’s oneness with the soil through which this life of nature is pouring. All of the life of the entire earth is pouring itself into every root that is planted in it and up through the roots into the body. And so, as we find ourselves centered in God, planted in God, established in God—all of the spiritual life and being of God, flows through us.

528 A 1963 London Work
“On the Mystical Path”

Search: “a seed of truth”

From The 1956 Barbizon Plaza Lecture Series

... Well, somehow or other this message has been given to you: Let’s call it a seed, a seed of truth—that’s all it is, that’s all it ever can be—but it’s been planted in your consciousness. If your consciousness is fertile and alive to spiritual things, it will bear fruit richly. If not, this seed may go to waste, or it may spring up in a few demonstrations for a while and then wither away. But one thing each of us must remember: regardless of how barren we are at any given moment, we are on the way toward the developing of a spiritually fertile consciousness.

138 B 1956 Barbizon Lecture Series
“From Law to Grace”

From The 1960 New York Open Class

...But it is as we continue to abide in the word and let the word abide in us, it is as we continue to seek for deeper and deeper revelations and realizations of God and prayer, that eventually we find we are becoming more fertile soil and the seed of truth now can take root in us. Every word of truth that you read, every word of truth that you hear, every word of truth that you declare is a seed of truth; and the further you go in your study and meditation, the more fertile you are in consciousness, the more of these seeds will take root and bear fruit.

358 B 1960 New York Open Class
“God – Prayer – Grace”

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